

Molalla High School Website: [mhs.molalliariv.k12.or.us](http://mhs.molalliariv.k12.or.us)

Weekly Bulletin for students can be found on our website, click on STUDENTS, and drop down to Bulletin

Molalla High School Career, College, and Scholarship Facebook Page – Check it out on Facebook

### **MHS Showcase Night**

Please join us on **Thursday, November 2** for the Seventh Annual Student Showcase Night presented by the various programs at Molalla High School. Students will be displaying projects from their classes and clubs to share with the community. This is an open house evening from 6:00 p.m. until 8:00 p.m. in the MHS Commons.

### **SAT Test at Molalla High School**

On **Saturday, November 4** the SAT test is offered at Molalla High School for those who have registered at SAT.org to take the test. Students who have registered need to check in at the MHS Commons area. Doors will open at 7:30 a.m. and close at 8:00 a.m. Students bring their test admission ticket, photo ID, several #2 pencils, an approved calculator, and a snack/drink.

### **Cardiac Screening at MHS**

**FREE *Play Smart* –Youth Heart Screenings for Youth Aged 12-18**

**Dates: Nov. 21 & 22 @ 8:30am – 4:00pm**

**Location: Molalla High School**

Providence Heart Institute (PHI) is pleased to offer, *Play Smart –Youth Heart Screenings Program*, a **free** youth heart screenings program that has been extremely successful in **screening over 18,346 youth and identifying 1,142 students or 7%** (to date) for further follow-up and treatment. Young people with undiagnosed heart defects, especially athletes, are susceptible to sudden cardiac arrest. Often there are no advance signs or symptoms and most routine physical exams will not pick up the defects. An electrocardiogram (EKG/ECG) usually is necessary to uncover signs of heart irregularities, something normally not done in “well-child” checks or even some sports physicals. In an effort to protect the hearts of area middle and high school students, *PlaySmart* offers free painless, noninvasive heart-health checks to youth aged 12-18.

**Must complete 2 heart screenings forms to receive free heart screening.**

**Play Smart Consent Form: [Play Smart Consent Form \(1\).pdf](#)**

**Play Smart Questionnaire: [PlaySmart Questionnaire May 2014 with Grade \(2\).pdf](#)**

***Play Smart* site: [www.playsmartgetscreened.org](http://www.playsmartgetscreened.org)**

**Access video:** Go to the Play Smart main page, [www.playsmartgetscreened.org](http://www.playsmartgetscreened.org) and click on the hyperlinked “**educational video**” in the middle of the page. This educational video takes you through the screening process.

### **Congratulations Fall Sports Student Athletes**

The Oregon School Activity Association's Carl's Jr Scholastic Star Program recognizes outstanding achievement in the classroom. The boys and girls team in each OSAA-sanctioned activity with the highest team grade point average (G.P.A.) earns the Academic All-State Award. Todd Moore, our athletic director is very proud to announce and congratulate all five fall varsity teams that finished in the OSAA Academic All-State Top 10 in the 4A Classification (40 Schools): **Football 3.17(#7), Boys XC 3.70 (#7), Girls XC 3.80 (#6), Girls Soccer 3.80 (tied for 2<sup>nd</sup>), Volleyball 3.90 (#1 in all of 4A, #3 out of all classifications).**

### **Winter Sports Practices Begin Monday, November 13**

Winter sports are Boys Basketball, Girls Basketball, Wrestling and Swimming. Participants must have a sports physical and athletic emergency form on file with the athletic secretary and have passing grades in all classes. If you have questions please contact Deb Freshour at [Debbie.freshour@molalliariv.k12.or.us](mailto:Debbie.freshour@molalliariv.k12.or.us) or 503-759-7305.

### **Power Hour (an opportunity for students who need help with algebra or geometry)**

Power Hour is offered every Monday, Tuesday, Wednesday, and Thursday from 3:00 p.m. -3:30 p.m. in the library. Any student who is taking Algebra 1, Geometry, or Algebra 2 or are taking an e-school math class that they need help with may attend for tutoring. Students are responsible for their own transportation home after Power Hour. We are inviting our English Learners to attend the "Power Hour". Mr. Sotelo and Ms. Melton will use Spanish as needed to help students with their work. Power Hour will run through Tuesday, November 28.

### **Migrant Education Program Information**

The Migrant Education Program ensures that migratory children meet the same challenging state academic content and student academic achievement standards that all children are expected to meet. A parent who moves across school district boundaries for work in agriculture, fisheries, dairies or saw mills may qualify. For more information please contact our migrant recruiter, Evelia Juarez, at [503-206-9775](tel:503-206-9775) or our migrant director, Alan Willey, at [503-829-6888](tel:503-829-6888).

### **Up Coming Events**

Thursday, 11/2 Showcase Night at MHS, 6:00 p.m. until 8:00 p.m.  
 Saturday, 11/4 SAT test at Molalla High School for those who have registered  
 Thursday, 11/9 No School – Teacher In-service Day  
 Friday, 11/10 No School – Holiday, Veteran’s Day Observed